

31 Quote cards for everyday

I CHOOSE...

l choose to spread joy

to live my best life ever



I CHOOSE TO KEEP SMILING





I choose to wonder

I choose to listen to my intuition

Ochoose TO BE FREE





I choose TO BE IN LOVE

to trust the process



to be aware of my feelings

TO BE SILENT

to give thanks

TOCREATE

 $B \quad E \quad \Lambda \quad U \quad T \quad Y$

to be in parmony with my spirit

Answa Dutta Coaching.

I choose to introspect

to remember my truth

to believe in the good

to take time for myself

to honour my body

I choose to allow my breath to flow

to remain authentic

to surrender

to be playful

La open My heart

Answa Dutta Coaching



to allow joys to fill my day

TO COUNT MY MIRACLES

TO LISTEN TO MY HEART

f choose to remain curious

